

Glenbrook Aquatics Diving

(formerly NSSC Diving Team)

est. 2004

In 2004 Tony Santucci came over from the COHO program in Deerfield to start a diving program at the new Glenbrook North High School facility. The program started out as primarily lessons for beginner and high school divers. In 2005, NSSC Diving Team began competing in local competitions; 2006 brought the first fully competitive year for NSSC. In 2006, NSSC Diving Team finished 6th as a team in the state of Illinois and we qualified 3 divers to the National Championships. 2007 displayed the structure and success we have been working towards. We finished 2nd as a team in the state with 3 individual State Champions and qualified 9 divers to the National Championships. We have accumulatively qualified 15 divers to the Illinois High School State Meet with 6 being finalists. 2008 continued to shine for NSSC; we again finished 2nd as a team in the state. We qualified 5 more divers to the High School State Meet and 12 divers to the National Championships. At Nationals we finish 20th as a team (finished as highest Illinois team), we had 8 All-American performances including a Shoot-Out National Champion, Platform silver medal, and bronze medals on 1 meter and 3 meter spring boards.

We are excited to announce that the team will move forward as Glenbrook Aquatics Diving. With the name change, we will increase our facility space to include the brand new aquatic facility at Glenbrook South High School this coming spring.

Our coaching staff is very diverse with coaching backgrounds in college, club, and high school. Along with head coach Tony Santucci, we have 4 full time assistant coaches (Sarah Lawless, Adam Hanhart, Amy Santucci, Jocelyn Plack), 2 part time assistant coaches (Jessica Roby, Eylse Hall) who help us out in the spring and summer sessions. We also have added a full time dryland coach this winter (Shane Maier). By offering 8 levels and having 8 coaches involved makes for a great diver/coach ratio.

Glenbrook Aquatics Diving is a full spectrum diving program. We offer 8 levels ranging from no experience beginners starting at age 6 and up to nationally competitive divers up to age 20. This range allows divers to progress and compete at an individual pace.

We dive in an 8 lane 14' deep pool with two 1 meter spring boards, one 3 meter spring board, and one 1/2 meter platform. We are patiently awaiting the construction of a new pool at Glenbrook South High School which will add three more 1 meter spring boards. We also have unlimited access to Schroeder Pool in Milwaukee to train Platform diving, trampoline and dry board. We are currently using the gymnastics gym at GBN for our dryland training.

Our goal has not changed. We have been building this program since day 1 to be a place for athletes to train and be successful while having fun in a great sport. Our large coaching staff and multiple facilities allow for success across a wide range of levels. We hope to see great turn outs this summer and are excited for the 2009 season.

Current and Past GA Divers come to train from Glenbrook North, Glenbrook South, Deerfield, New Trier, Loyola, Maine West, Evanston, Highland Park, Lake Forest, Carl Sandburg, South Elgin, and Cary Grove

Summer Session June 15 – August 6 (8 weeks)

Development Diving

Beginner A – (Intro to diving I) This group is for divers with little or no experience. Focus on basic skills only. Ages 6-10

Monday, Wednesday, Thursday 4:30-5:30 @ GBN, Tuesday 4:30-5:30 @ GBS

Beginner B – (Intro to diving II) This group is for divers with little diving experience. Focus on basic skills only. Competition optional for those divers that meet requirements. Ages 6-13

Monday, Wednesday, Thursday 4:30-5:30 @ GBN, Tuesday 4:30-5:30 @ GBS

Intermediate I – (Intro to diving III) This group focuses on basic skills on 1m and 3m springboards. Competition is optional, but recommended. Ages 7-10

Monday, Wednesday, Thursday 5:30-7:00 @ GBN, Tuesday 5:30-7:00 @ GBS

Intermediate II – (Intro to diving IV) This group focuses on basic skills on 1m and 3m springboards. Competition is optional, recommended. Ages 10-14

Monday, Wednesday, Thursday 7:00-8:30 @ GBN, Tuesday 7:00-8:30 @ GBS

High School – (Enrichment) This group practices only 1m springboard. Divers practicing for their upcoming high school season. Local competition highly recommended. Ages 14-18

Monday, Wednesday, Thursday 4:30-7:30 @ GBN, Tuesday 4:30-7:30 @ GBS

Open – (Enrichment) This group is designed for divers participating in other activities, but want to stay on the boards. Ages 10-18

Competitive Diving

Advanced 1 – (Competitive Diving I) This group trains both 1m and 3m springboards as well as Platform diving. Practice and competition is mandatory. Local competitions and National competitions if qualify. Ages 9-14

Monday, Wednesday, Thursday 4:30-7:30 @ GBN, Tuesday 4:30-7:30 @ GBS

Advanced 2 – (Competitive Diving II) This group trains both 1m and 3m springboards as well as Platform diving. Practice and competition is mandatory. Local competitions and National competitions if qualify. Ages 14-20

Monday, Wednesday, Thursday 4:30-8:30 @ GBN, Tuesday 4:30-8:30 @ GBS

Elite – (National Diving) This group is by invitation only. Focus on 1m, 3m, and platform diving. Practice and competition is mandatory. Local and National competitions. Ages 12-20

Monday, Wednesday, Thursday 4:30-8:30 @ GBN, Tuesday 4:30-8:30 @ GBS

For registration forms, group placement, or any other additional information please email head coach Tony Santucci at GADiving@gmail.com

Private diving lessons also available.

Glenbrook Aquatics Diving Diver Registration Payment Form

Is the diver a District 225 resident? YES NO

Diver's Name	Diving Group	Group Fee
1.		
2.		
3.		
2009 REGISTRATION FEE (fall 08 – summer 09)	\$ 30.00 <small>if you have not paid this year</small>	
Total payment—Please make check payable to Glenbrook School District #225.		

Glenbrook Aquatics Diving Summer 2009 Diving Fees		
Group	District 225 resident	Out-of-district
Beginner A – Intro to diving I	\$195.00	\$200.00
Beginner B – Intro to diving II	\$195.00	\$200.00
Intermediate I – Intro to diving III	\$245.00	\$250.00
Intermediate II – Intro to diving IV	\$245.00	\$250.00
High School - 1 meter Enrichment	\$320.00	\$325.00
OPEN – Sundays only		
Advanced 1 – Competitive diving I	\$320.00	\$325.00
Advanced 2 – Competitive diving II	\$370.00	\$375.00
Elite – National Diving	\$370.00	\$375.00

Glenbrook Aquatics Diving 2009 Program Dates & Registration Information		
Season	Season Dates	Registration Information
Summer 2009	June 15 – Aug. 6	Register by June. 12

All divers must pay a once a year \$30 cost for AAU and Illinois Diving Association membership. This is due for all divers who were not registered in this fall/winter sessions.

SEND REGISTRATION TO:

Tony Santucci

737 W. Washington Blvd #3202

Chicago, IL 60661

Diver Bio

Name: _____

Parents: _____

Birthday: _____

Address: _____

Phone: _____

Cell: _____

Diver Email: _____

Parents Email: _____

Diver T-Shirt Size: _____